



Panchakarma *Technician Course*

15 Days Residential And 168 Days Online Sessions

Duration 6 months

Eligibility 12th



REGISTRATION ARE OPEN

Free hands on training

Administrative Office:

Premadhar Research Institute & Hospital
QU-61-A, Pitam Pura, Delhi - 110034, Phone: 27342524,
65103668, E-mail: premadharkayakalp.com
Website: www.premkayakalp.com
www.premayurveda.com

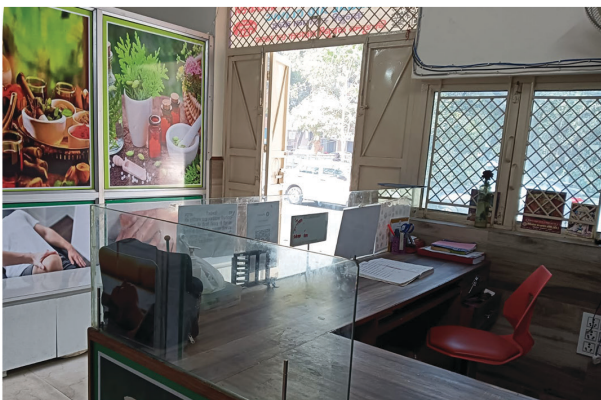
Ayush Charitable Dispensary
F5-F6, Mangal Bazar Road, Sector-16, Rohini, Delhi-110086
Phone: 1171228419, +91 9310301602, +91 9211843027
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15 Residential and 168 Days online sessions at Premadhar Research Institute & Hospital

Key Points:

- Delhi first ayurveda hospital with best facilities of fooding and lodging.
- Fully equipped panchkarma and wellness center.
- Experienced practitioner for the training session.
- Hands on practice with multiple patients.
- Master class on Business development and panchkarma center set-up.
- Explore and experience the new possibilities in the Ayurveda.



Our Venue



Premadhar Research Institute & Hospital

QU-61-A, Pitam Pura, Delhi - 110034, Phone: 27342524,

65103668, E-mail: premadharkayakalp.com

Website: www.premkayakalp.com

www.premayurveda.com

Eligibility

Open to individuals who have completed their 10th and 12th grade education or equivalent.

Medium of Instructions

Both method of education are available online/offline mode. (Hindi and English)

Glimpse Of ANF



Key Points for Panchakarma Course:

Holistic Approach: Learn the ancient Indian practice of Panchakarma, a holistic detoxification and rejuvenation therapy.

Theory and Practical: Gain comprehensive knowledge through a blend of theoretical understanding and hands-on practical training.

Expert Guidance: Receive instruction from experienced practitioners in the field of Ayurveda and Panchakarma therapy.

Customized Treatment Plans: Understand how to design personalized Panchakarma treatment plans for individuals based on their unique constitutions and health conditions.

Duration: The course spans over 6 months, allowing for in-depth learning and skill development.

Eligibility: Open to individuals who have completed their 10th and 12th grade education or equivalent.

Registration Open: Enroll now to secure your spot in the upcoming course and embark on a journey towards mastering Panchakarma therapy.



Opportunities After Successful Completion of Course:

Panchakarma Clinic: Start your own Panchakarma clinic and offer traditional detoxification and rejuvenation therapies to clients.

Ayurvedic Hospital: Work in established Ayurvedic hospitals, assisting in Panchakarma treatments and patient care.

Ayurvedic Dietary Center: Join Ayurvedic dietary centers to provide guidance on nutrition and lifestyle adjustments for holistic well-being.

Herbal Nursery: Engage in the cultivation and propagation of Ayurvedic herbs by working in herbal nurseries.

Lifestyle and Health Centers: Contribute to lifestyle and health centers, helping individuals adopt Ayurvedic practices for improved health.

Health Spa and Resort: Work in health spas and resorts, offering Panchakarma treatments and wellness programs to guests.

Ayurvedic Cosmetic Clinic: Explore opportunities in Ayurvedic cosmetic clinics, assisting in natural skincare and beauty treatments.

Syllabus for this Course

Sr. no	Week		Topic
1.	Week 01	L1	पंचकर्म के सिद्धांत
2.	Week 02	L1	पंचकर्म के सिद्धांत (Contd...)
3.	Week 03	L2	स्नेहन और स्वेदन विधि
4.	Week 04	L2	स्नेहन और स्वेदन विधि (Contd...)
5.	Week 05	L3	वमन और विरेचन विधि
6.	Week 06	L3	वमन और विरेचन विधि (Contd...)
7.	Week 07	L4	बस्ति विधि
8.	Week 08	L4	बस्ति विधि (Contd...)
9.	Week 09	L5	नस्य विधि एवं रक्तमोक्षण
10.	Week 10	L5	नस्य विधि एवं रक्तमोक्षण (Contd...)
11.	Week 11	L6	धारा (पिप्पिलिचिल)
12.	Week 12	L6	धारा (पिप्पिलिचिल) (Contd...)
13.	Week 13	L7	बाह्य बस्ति (शिरो/जानु/कटि बस्ति आदि)
14.	Week 14	L7	बाह्य बस्ति (शिरो/जानु/कटि बस्ति आदि) (Contd...) एवं प्रयोग -1, प्रयोग - 2

Sr. no	Week		Topic
15.	Week 15	L8	पोटली स्वेद (पिंड या किषि स्वेदन) एवं प्रयोग - 3, प्रयोग - 4
16.	Week 16	L8	पोटली स्वेद (पिंड या किषि स्वेदन) (Contd...) एवं प्रयोग -5, प्रयोग - 6
17.	Week 17	L9	अभ्यंग, उदर्वतन एवं क्रियाकल्प एवं प्रयोग-7, प्रयोग - 8
18.	Week 18	L9	अभ्यंग, उदर्वतन एवं क्रियाकल्प (Contd...) एवं प्रयोग - 9, प्रयोग - 10
19.	Week 19	L10	विविध पंचकर्म प्रक्रियाएं एवं प्रयोग -11, प्रयोग -12
20.	Week 20	L10	विविध पंचकर्म प्रक्रियाएं (Contd...) एवं प्रयोग - 13, प्रयोग - 14
21.	Week 21	L11	पंचकर्म में पथ्य-अपथ्य एवं प्रयोग-15, प्रयोग - 16
22.	Week 22	L11	पंचकर्म में पथ्य-अपथ्य (Contd...) एवं प्रयोग - 17, प्रयोग - 18
23.	Week 23	L12	पंचकर्म सामग्री एवं प्रयोग-19, प्रयोग - 20
24.	Week 24	L13	पंचकर्म सामग्री (Contd...) एवं प्रयोग -21, प्रयोग - 22
25.	Week 25		पुनः अवलोकन
26.	Week 26		पुनः अवलोकन

Facilities

Our courses affiliated with Ayurveda Training Accreditation Board (ATAB) under Rashtriya Ayurveda Vidyapeeth (An autonomous body under Ministry of Ayush).

Internship: Free internship facilities are also provided after completion of course.

Study Material: Free study material in digitaly and hard copies books are also provided.

Education mode: Both method of education are aviable online/offline mode.

Placement: 100% placement is provided in reputed private hospitals and panchkarma centers.

Free life time membership is also provided.

Extra Facilities: If any students open their own centre then also provided e-videos, consultation facilities is also provided at a resonable cost.



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